



## Hotseating

When you sit in the hot seat, you take on the movement and actions of the character and answer questions in character and are in control. You can physically adapt the hot seat with props and costume for any situation.



## Teacher in Role

The facilitator goes into role with the group. This way you can change the direction of the drama, challenge thinking, negotiate and manage the group from *within* the drama. It keeps true to the drama.



## Freeze Frame

Using freeze-frame can be really useful to examine emotions and what impact they have on the body. Also for exploring body language, expression and how others perceive you.



## Thought tap

During freeze frame, you can tap the shoulder of the participant and hear what they are thinking – in character. This connects them with other VI actors when they can't see what is happening and so, less isolating.



## Using a script

“When shall we three meet again...” Sometimes it is important to experience the real language, even if it is not completely understood. Script can be in Braille, large print or recorded on CD.